



OPTIMAL NATURAL Z-PAK

A Massive Immune Boost

When we get sick, we want to get un-sick as fast as possible. Sometimes we resort to drastic measures in hopes of turning our health around.

Optimal Health Systems
is excited to introduce the natural whole food version of the Z-Pack:
Optimal Natural Z-Pak.

Instead of a huge dose of antibiotics that destroy all living things good and bad, it's the nutrients your body needs to nitro boost your immune system. This massive boost destroys only the bad while increasing your good ecology.

This is something you want in a medicine cabinet in every home, ready to use the moment the first symptoms of illness crop up.

How Optimal Natural Z-Pak Works

This Pak works by tapping into how your body naturally fights off pathogens and other foreign invaders. When your front line of defense fails (skin, sweat, mucous, etc.), it's up to your gut and white blood cells to come to the rescue.

The Optimal Natural Z-Pak loads your bowels up with over 21 billion CFU of flora, including our patented acid stabilized probiotics. This guarantees any bad bacteria that made it past your stomach are seriously outnumbered. With the microbial battle in the good guys' favor, your army of friendly flora can wipe out what's making you sick.

In addition to all that friendly flora, we have combined over 50 nutrients in carefully calculated amounts so they synergistically work together and give your immune system a massive boost.

Your Army of Research-Proven Ingredients

Instead of the kill-all antibiotic approach, this formula provides a blend of colostrum, echinacea, beta glucan, DDS-1 lactobacillus, acidophilus, and enzymes that act as antimicrobials. These nutrients assist the body in its defense against viruses, fungus, and pathogenic bacteria.

Since viral infections take a different approach than bacteria, it takes a different blend of nutrients. Ingredients like L-Lysine, predigested glandulars, green tea, elderberry, olive leaf, garlic, and echinacea have been proven to help fight off viruses and bacteria, providing a natural yet powerful, holistic boost to your body's defenses.

One of the best nutrients you can provide your body during times of illness (and preferably every day) is vitamin D. Hundreds of studies back its efficacy when it comes to overall and immune health. However, we haven't isolated vitamin D because it works best when paired with vitamin K2 and CoQ10. They work together to get nutrients to the right places and this pack provides them in whole food form.

Since your body is stressed from illness and you're feeling stressed, your cortisol levels are probably elevated. If you stay stressed for too long, your immune function takes a dip. Predigested ashwagandha, bacopa monnieri, panax ginseng, organic magnesium, zinc, selenium, chromium, turmeric and more have been proven to reduce cortisol levels caused by stress, help boost energy levels, and help your body and mind bounce back.



When we talk to both doctors and patients about health, we always like to make sure the basics are covered.
This Pak includes 24 essential whole food vitamins and patented organic minerals to get you on the path to healing.

How the Zithromax Z-Pak Works

This drug-filled prescription is a huge dose of antibiotics called azithromycin. It's designed to treat only bacterial infections. It does not work for viruses but wipes out every last microbe in your body, including the good bacteria.

This product works by completely stopping the growth of bacteria. It takes about five days to fully work, yet can start relieving symptoms on the same day you start taking it.

Side effects of this product include upset stomach, diarrhea, nausea, vomiting, and abdominal pain. Less likely but serious side effects include hearing changes, eye problems, difficulty speaking/swallowing, muscle weakness, and signs of liver problems.

Research has also uncovered that azithromycin can trigger a potentially deadly irregular heart rhythm for some. In 2013, the FDA said, "The pills can cause abnormal changes in the heart's electrical activity that may lead to a fatal heart rhythm. Not everyone is at risk."

The Healthy Choice

So, when you get sick, you have a choice between a kill-all approach, or an immune-boosting approach.

Work against how your body functions, or aid the natural course of things. Both the drug and whole food herb ingredients in the Natural Z-Pack are research-proven to take about the same amount of time to be effective but produce drastically different long-term results.

Make sure you have a natural Z-Pak in your medicine cabinet to "naturally" be ready.



OPTIMAL HEALTH SYSTEMS

Where Health Comes Naturally

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