



# BRIMHALL HOMECOMING

## ITINERARY

# I CAN

## INNOVATED CARE AND NUTRITION

THE BIOHACKING WEEKEND FOR YOU & YOUR CLINIC

**JANUARY**

**7-10th, 2021**

**SOUTH MOUNTAIN BALLROOM**

**2ND FLOOR OF CONFERENCE CENTER**

**ARIZONA GRAND RESORT & SPA,**

**PHOENIX, AZ**



# HOMECOMING SPEAKERS



## THURSDAY | JANUARY 7, 2021

**5:00 - 7:00 PM:** Registration

**6:00 - 8:00 PM:** Dr. John Brimhall, Dr. Brett Brimhall, Dr. Chris Serafini, Dr. Frank Hatch, Dr. Marc Harris, Dr. John Kiefer, Dr. John DeVore

- Pre-Seminar Treating

**\* Call for Scheduling at (866) 338-4883 \*Time is limited.** Please schedule to ensure your spot. \*Attendees not being treated are invited to watch treatments utilizing 6 Steps to Wellness protocol.

**6:00 - 8:00 PM:** Optimal Health Systems Staff

- Direct Script Virtual Prescription Set Up

**6:00 - 8:00 PM:** Dr. Scott Miner, DC & Dr. Daniel (Dov) Widenbaum, DC

- Brimhall Certification/Recertification

**\* Call Health Path Seminars to register for re-certification - (866) 338-4883**

# FRIDAY | JANUARY 8, 2021

## 8:00 - 9:00 AM: Doug Grant, BS, ACSM

- Welcome to OHS Brimhall Homecoming 2021
- Weekend Agenda
- "I CAN" Philosophy
- How to Use Innovative Care and Nutrition with Every Patient
- Bloodwork Protocol & Systems
- Setting Up Your Patient Properly for Lifetime Care

## 9:00 - 10:10 AM: Dr. John Brimhall DC, BA, BS, FIAMA, DIBAK

- The 6 Steps to Wellness
- "I CAN" Double a Patient's Results & Long Term Success by Creating a Forever Patient
- The 6 Interferences That Cause Subluxations:
  1. Structural
  2. Emotional
  3. Nutritional
  4. Electromagnetic
  5. Allergy/Sensitivities
  6. Toxic Accumulations

## 10:10 - 10:30 AM: BREAK

## 10:30 AM - 12:00 PM: Dr. Marc Harris MD, ND, PhD<sup>3</sup>

- Microglia
- The Brain's Trash Collection System
- Effects on Emotions
- Triggers
- Overactive
- Treatment

## 12:00 - 1:00 PM: Doug Grant, BS, ACSM

- How to Conduct Research Online for Patient Diagnosing & Clinic Branding
- Learn the Exact Techniques to Simplify Patient Instructions Using Current Health Interest Topics

## 1:00 - 2:00 PM: LUNCH - *Provided by Optimal Health Systems*

## 2:00 - 3:00 PM: Increase Patient Compliance & Results Through Email

## 3:00 - 3:30 PM: Dr. John Brimhall DC, BA, BS, FIAMA, DIBAK

- Using TRUSTS & Private Family Foundation
- Asset Allocation & Protection
- Individual Evaluation & Recommendations for Increasing Personal Wealth

## 3:30 - 6:00 PM: Dr. John Brimhall DC, BA, BS, FIAMA, DIBAK & Dr. Brett Brimhall, DC, BS

- Hands On - 6 Steps to Wellness
- Nutritional Evaluation
- Manual & Instrument Adjusting
- Facial Release
- Craniosacral

# SATURDAY | JANUARY 9, 2021

## 8:00 - 9:00 AM: Dr. Vaughn Cook, OMD

- The Power of Perception
- The Concept of Time
- The Giving Universe to Create Health & Wellness
- The Circle of Life in Homeostasis
- Quality of Life -- More Important Than Longevity
- Helping Patients Enjoy a Better Life to Increase Quality of Life
- How Chiropractic & Other Hands-on Modalities Impact Perception

## 9:00 - 10:10 AM: Dr. Patrick Porter, PhD

- Biohacking & Brainwave Training
- Gain Insight on the Hottest Trend in Health & Wellness
- Results From Some of the World's Leading Universities
- How to Maximize Your Clinical Results

## 10:10 - 10:30 AM: BREAK

## 10:30 AM - 11:30 AM: Dr. Marc Harris MD, ND, PhD<sup>3</sup>

- Carbon Dioxide
- Toxicity
- Carbon Monoxide vs. Carbon Dioxide
- Global Warming
- Blood Cell & Lung CO<sub>2</sub>
- Hypocapnia & Hypercapnia
- Oxygen & CO<sub>2</sub> - Antagonistic or Synergistic?

## 11:30 AM - 12:30 PM: Dr. Dennis Harper, DC

- Differential Diagnosis - The Ultimate Factor in Successful Treatment & Legal Protection
- Examination
- Blood Work
- Imaging
- Finding the Cause
- Treatment Protocols

## 12:30 - 1:00 PM: Doug Grant, BS, ACSM

- Digesting Around the World
- How to Teach & Prescribe Protocols for Digestion & Lifestyle
- Be a Virtual Health Professional

## 1:00 - 2:00 PM: LUNCH - *Provided by Optimal Health Systems*

## 2:00 - 3:00 PM: Clinic Implementation

## 3:00 - 3:40 PM: Dr. Brett Brimhall, DC, BS

- Patient Education - Before, During, & After the Visit
- Improve Understanding of Chiropractic Care & Results
- Diet, Exercise, & Nutritional Support

**3:40 - 4:00 PM: BREAK**

**4:00 - 6:00 PM: Dr. Marc Harris MD, ND, PhD<sup>3</sup>**

- Autonomic Nervous System
- Sympathetic Nervous System
- Parasympathetic Nervous System
- Minerals
- Genetics
- Balance

## **SUNDAY | JANUARY 10, 2021**

**8:00 - 9:30 AM | Panel Discussion with:**

Dr. John Brimhall, DC, FIAMA, DIBAK; Dr. Marc Harris, MD, ND, PhD<sup>3</sup>; Doug Grant, BS, ACSM; Dr. Brett Brimhall, DC, BS; Dr. Dennis Harper, DC; Dr. Patrick Porter, PhD; & Dr. Vaughn Cook, OMD

**9:30 - 10:30 AM | Dr. Brett Brimhall, DC, BS**

- What, Why, & How to Do an Integrated Office
- When You Should Refer Your Patient for Outside Your Office Treatment
- Proper Evaluation, Recommendations, & Treatment

**10:30 - 11:30 AM | Doug Grant, BS, ACSM**

- Implementing New Innovations

**11:30 AM - 12:15 PM | Dr. John Brimhall DC, BA, BS, FIAMA, DIBAK**

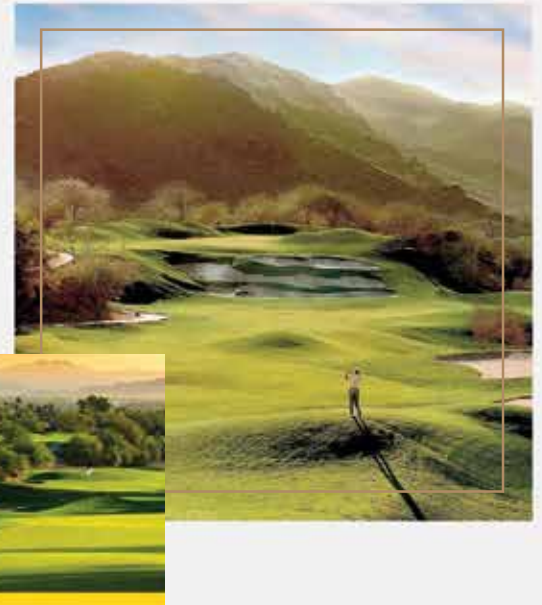
- Review of Concepts Learned Throughout the Weekend

# ARIZONA GRAND RESORT & SPA

## *Amenities & Dining*

## ARIZONA GRAND GOLF COURSE

Arizona Grand Golf Course supports the rich tradition of the game with its unique course, featuring panoramic views of the surrounding desert landscape. Dramatic elevation changes and breathtaking mountain vistas highlight the diverse and challenging par 71 layout.



## ARIZONA GRAND SPA

Choose from the complete menu of relaxing massage treatments, rejuvenating facials, therapeutic body treatments or one of our many salon services and appreciate all that the luxury Arizona spa has to offer.





## ATHLETIC CLUB



The 20,000 square foot Arizona Grand Athletic Club is one of the few award-winning Arizona spas and fitness facilities in Phoenix, offering the latest in strength and cardiovascular training equipment.



## DINING VENUES



- o Lobby Grill - Contemporary Comfort Cuisine
- o Aunt Chilada's – Delicious Mexican Fare
- o Marketplace Café – Starbucks, Casual Pastries, & Sandwiches
- o The Lobby Bar – Caribbean Themed Gathering
- o Rustler's Rooste – Authentic Hilltop Steakhouse
- o Oasis Bar & Grill – Relaxing Comfort Fare



