

21 Days to Create a Lifetime of Good Health

Would you like healthy eating to be an automatic part of your life?

The key is to reprogram your cravings.

Would you like to lose weight and gain energy?

You can do it with the **21-Day Blitz Challenge Package**

PUT THE MIRACLE OF HEALTHY BACTERIA TO WORK FOR YOU:

**STEP
1**

A mega-dose of healthy bacteria kills the bad bacteria that trigger unhealthy cravings.

**STEP
2**

With bad bacteria destroyed you can start anew with a "blank" microbiome.

**STEP
3**





With unhealthy cravings diminished you can more readily establish permanent healthy eating habits.

**STEP
4**

Adding enzymes ensures the food you eat is completely digested for full energy and nutrient absorption.

BONUS: Lose weight as your gut is restored and your diet improves!

Everything you need included in the package:

-  **Complete instruction booklet**—including the *21-Day Challenge* and healthy food guidelines.
-  **Flora Blitz 100 Pak** containing 30 tear-off packets providing 100 Billion CFUs of probiotics daily.
-  **Optimal 1Digest-A-Meal** - providing a complimentary enzyme blend to enhance digestion of your new, healthy eating habits
-  **Convenient Pill Pouch and draw string bag**—have your critical supplements handy at all times.

