



**21 DAYS
TO CREATE A
LIFETIME
OF GOOD
HEALTH**

REPROGRAM YOUR CRAVINGS, IMPROVE YOUR MOOD, & REDUCE BODY FAT.

- Do you have a hard time sticking with a healthy eating plan?
- Do you want to crave healthier foods instead of junk?
- Do you have 10 lbs or more you want to get rid of?
- Do you want to be happier and more motivated?
- Do you want a stronger immune system?

EVERYTHING YOU NEED INCLUDED IN THE PACKAGE:

- ✓ **Convenient Pill Pouch and Draw String Bag**
- ✓ **Flora Blitz 100 Pak**
Contains 30 tear-off packets
(providing 100 Billion CFUs of probiotics daily.)
- ✓ **Complete Instruction Booklet**
Accountability calendar & nutrition plan
to reprogram your cravings.
- ✓ **Optimal 1 Digest-A-Meal**
Provides a complimentary enzyme blend
to enhance digestion.



**YOU CAN DO IT WITH THE
21 DAY CHALLENGE PACKAGE.**