

Good Health Starts with Good Digestion

Virtually everyone today can benefit from a digestion supplement because our modern diets are highly-processed and enzyme deficient.

POOR DIGESTION IS A WORLDWIDE EPIDEMIC.

Daily supplementing with the right nutrients can combat it head-on!

When digestion is optimized EVERYTHING improves:



You absorb more nutrients from the food you already eat.



You have more energy.



Inflammation is reduced, allowing chronic pain and allergies to be controlled better.



Bloating, gas, constipation and other digestive conditions are eliminated.



Sleep patterns improve.

Start improving your digestion—and your overall health—today!

Optimal 1 Digest-A-Meal provides a potent blend of plant enzymes specifically designed to enhance digestion of all three macronutrients: **FATS, PROTEIN and CARBS.**

In addition, essential minerals and probiotics are added to guarantee complete assimilation of nutrients at the cellular level.

*One advantage that sets **Optimal 1 Digest-A-Meal** apart from other products is the addition of specialty enzymes that help digest the compounds that cause common food allergies: **Gluten, Lactose and Casein***

Our new advanced formula represents two decades of research, refinement and perfecting.

With a proven track record of tens of thousands of customers helped, you can feel confident in seeing real results!

